

SYLVIA'S SELF ASSESSMENT

MY STORY

I live alone in a two storey house. I am now very frail, having lost strength particularly in my legs. There isn't anything that physiotherapy can do for me. I am determined to spend the rest of my days at home. I have a very supportive family who all live nearby meet all my daily living needs.

MY NEEDS

Written as sentences

I can no longer get up the stairs. That means I am having to live downstairs and use a commode for a toilet and sleep in my chair. I am embarrassed about having to use a commode and ask my family to empty it. This is affect my wellbeing in terms of my dignity. Also, I cannot get a good night's sleep, which leaves me permanently tired and grumpy. This is affecting my wellbeing in terms of both my physical and mental health. I have been told I will never be able to use the stairs again. I believe the only way I will be able to use my whole house again is with a stair lift.

Using the form

The issue you are facing and why it is important to you	Impact on Care Act wellbeing areas	The outcome you would like	Service Required (in order to the achieve the outcome)
I cannot get up the stairs. This means I am having to use a comode and sleep in my chair downstairs	It is embarrassing to have to use a commode. This has an impact on my dignity. I can't get a good night's sleep which makes me tired and grumpy. This has an impact on my physical and mental health.	To be able to use my whole house again, and so use the toilet and sleep in my bed.	A stair lift