



Dear Social Worker,

In our discussions and in your writing up of my assessment or review please work in the following ways and so respect the rights the Care Act gives me;

1. That we identify all of my needs calling for Council funding that have any degree of impact on any of the nine areas of wellbeing (see overleaf).
2. You will not take into account whether resources are available to meet any of my needs in coming to your view about what my needs are.
3. That we identify the best way, and with enough resource, to meet each of my needs without reducing or compromising the needs in any way.
4. Whilst I will welcome your help to think through my needs and the services to meet them, that you respect me as the best judge of my own wellbeing.
5. If once we have come to the end of our discussions you disagree with any of my views, to put in your record of my assessment both sets of views and how I can make a complaint.
6. Following our discussions, to give me a copy of my assessment.
7. To put in writing which of my needs the Council will be able to meet, and to be honest about which of them it decides not to meet at the moment.
8. Also put in writing what the Council will do about any needs it has decided not to meet at the moment.
9. If I do not have the capacity to express my own views, unless you have reason to believe they are not acting in my interests, to treat my main family carer as my formal advocate under section 67 of the Care Act and so act for me in all the issues above. If you do not believe they are acting in my interests, please tell them your reasons in writing and appoint an independent advocate.

Thank you for your consideration.

# **THE 9 AREAS OF WELLBEING UNDER THE CARE ACT 2014**

1. My personal dignity (including treatment of me with respect).
2. My physical and mental health and emotional well-being
3. Protection from abuse and neglect
4. Control by me over my day-to-day life (including over the care and support provided to me and the way in which it is provided).
5. My participation in work, education, training or recreation
6. My social and economic well-being
7. My domestic, family and personal relationships
8. Suitability of my living accommodation
9. My contribution to society.